



TRAIN NEW TRAINERS

Essentials of Primary Care Psychiatry

IN - PERSON CONFERENCE

Psychiatric Clinical Skills for Primary Care Providers

JANUARY 16-17, 2026

UC Irvine School of Medicine

Course Description

This two-day conference for primary care providers and other health providers will integrate recent scientific data with current clinical practice regarding mood and anxiety disorders, substance misuse, personality disorders, collaborative care, pain psychiatric management, pandemic psychiatry, and how to do a primary care psychiatric interview.

Target Audience

Primary care physicians and allied health professionals interested in mental health.

Educational Needs

Primary care providers provide the most behavioral health care, and many have not been trained in the area of primary care based psychiatry. While guidelines for treatment of common psychiatric disorders within the primary care exist, many providers are uncomfortable implementing them due to perceptions of risk and stigma.

Syllabus

The syllabus will be available to pre-registered attendees via PDF (WHOVA App) prior to the conference to download and print. Hard copies will NOT be available for purchase.



Learning Objectives

At the conclusion of this activity, the participant should be able to:

- Identify when it is appropriate to seek mental health consultation/referral
- Effectively screen for substance misuse
- Utilize motivational interviewing to assess readiness for change and activate motivated patients along the continuum of change behavior
- Identify evidence-based treatments available in primary care settings for substance use disorders
- Develop/adapt new models of care to integrate mental health care into primary care settings
- Effectively screen for depression in a primary care setting
- Engage mental health colleagues in collaborative care within existing models of healthcare delivery
- Implement evidence-informed treatment for depression



ACCREDITATION

Accreditation Statement:

University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:

The University of California, Irvine School of Medicine designates the live activity for a maximum of 15.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

AMA PRA Category 1 Credits™ can be used by multidisciplinary team members:

Nurse: For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of 15.5 hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission of Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Psychologists: You may petition the California Board of Psychology for CE credit for this symposium.

Please see http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf for details.



MOC Approval Statement:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the ABMS Continuing Certification Directory, Insert Title has met the requirements as a Lifelong Learning CME Activity (apply toward general CME requirement) for the following ABMS Member Boards:

- Family Medicine
- Preventive Medicine
- Psychiatry and Neurology

California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, medschool.uci.edu/cme, for AB 1195 and AB 241 resources.

For more information visit:
medschool.uci.edu/pcp

For any questions, please contact us at
tntfellowships@hs.uci.edu

FACULTY

COURSE CHAIRS



Robert M. McCarron, DO, DFAPA, FAIHM, FAMP

Founding Director

Train New Trainers Primary Care Fellowships

Robert McCarron, DO, completed a dual residency in internal medicine and psychiatry at Rush University and received board certification in psychiatry, psychosomatic medicine and internal medicine. Dr. McCarron is the Founding Director for the UC Irvine Train New Trainers (TNT) Primary Care Psychiatry (PCP) Fellowship and the TNT PC Training and Education in Addiction Medicine (PC-TEAM) Fellowship, which are one-year programs designed to train primary care providers in the essentials of adult psychiatry, pediatric psychiatry and SUD behavioral health. Dr. McCarron also serves as Professor, Department of Psychiatry and Behavioral Medicine and Associate Dean, Continuing Medical Education at the University of California, Irvine School of Medicine. He is also Director of Education for the UCI Susan Samueli Integrative Health Institute. He serves on the ACGME Residency Review Committee for Psychiatry and is Medical Director for Mind OC. Dr. McCarron is a California National Alliance on Mental Illness (NAMI) Board Member.



Jane P. Gagliardi, MD, MHS, FACP, DFAPA

Associate Director

Train New Trainers Primary Care Fellowships

Jane P. Gagliardi, MD, MHS, FACP, DFAPA completed medical school, residency training in combined internal medicine-psychiatry, and her masters of health science in the clinical research training program at Duke, where she has remained on faculty since completing residency training. Dr. Gagliardi has been involved in the educational programs in the Department of Medicine, where she served as Clerkship Director and Director of Undergraduate Medical Education for nearly a decade through June, 2014 and in the Department of Psychiatry and Behavioral Sciences, where she served as the Associate Program Director for the Psychiatry Residency Training Program from 2011 till 2013, Director of the Psychiatry Residency Training Program from 2013 through 2019, and Director of the Medicine-Psychiatry Residency Training Program starting in 2019. She served as Vice Chair for Education in Psychiatry from 2014 through 2021.

2026 ESSENTIALS OF PRIMARY CARE PSYCHIATRY SPEAKERS

Jeremy DeMartini, MD – UC Davis
Steve Delisi, MD – Hazelton Betty Ford
Jaesu Han, MD – UC Irvine

Alyson Myers, MD – Albert Einstein College of Medicine
Lorin M. Scher, MD – UC Davis

FACUTLY DISCLOSURES

MITIGATION OF RELEVANT FINANCIAL RELATIONSHIPS

The University of California, Irvine School of Medicine adheres to ACCME Standards for Integrity and Independence in Accredited Continuing Education regarding industry support of continuing medical education activities. Disclosure of faculty and their commercial relationships will be made prior to the activity.

University of California, Irvine School of Medicine Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Eva Bianchi-Martinez, MS	Planner	Nothing to disclose
Jane Gagliardi, MD	Planner	Nothing to disclose
Kamilah McGuire, MHA	Planner	Nothing to disclose
Mercedes Dodge, PA	Planner	Nothing to disclose
Robert McCarron, DO	Planner & Faculty	Consulting Fee-Otsuka America Pharmaceutical, Inc. Speakers Bureau-Alkermes Other: Editor-Wolters Kluwer Other: Editor-UpToDate
Wendy Cant, MBA	Planner	Nothing to disclose
Alyson Myers, MD	Faculty	Stocks or stock options, excluding diversified mutual funds-ROM Technologies Other: Eli Lilly sponsored my travel for the 2025 ExCEL meeting for the Endocrine Society-Lilly (Any division)
Angie Yu, MD	Faculty	Nothing to disclose
Bryan Shapiro, MD	Faculty	Stocks or stock options, excluding diversified mutual funds-Outro Health, Inc
Craig Keenan, MD	Faculty	Nothing to disclose
Farah Khorassani, PharmD	Faculty	Nothing to disclose
Glen Xiong, MD	Faculty	Membership on Advisory Committees or Review Panels, Board Membership, etc.-Blue Cross Blue Shield FEP Stocks or stock options, excluding diversified mutual funds-SafelyYou (Relationship has ended) Advisor-AsyncHealth
Jaesu Han, MD	Faculty	Nothing to disclose
James Bourgeois, MD	Faculty	Grant or research support-Abbott (Any division)
Jane Gagliardi, MD	Faculty	Nothing to disclose
Jeremy Demartini, MD	Faculty	Nothing to disclose
John Onate, MD	Faculty	Nothing to disclose
Lorin Scher, MD	Faculty	Nothing to disclose
Sanchit Maruti, MD	Faculty	Nothing to disclose
Stephen Delisi, MD	Faculty	Executive-YourPath, INC
Y Pritham Raj, MD	Faculty	Speakers Bureau-MedStudy Internal Medicine Board Review Employment-Active Path Mental Health

CONFERENCE SCHEDULE

FRIDAY, JANUARY 16, 2026

7:00 – 8:00 a.m.	Registration Breakfast Mentorship Corner
8:00 – 9:15 a.m.	Welcome & Practical Approaches to Doing a Primary Care Psychiatry Assessment (1.25 CME) Jane P. Gagliardi, MD, MHS & Robert McCarron, DO, FAIHM
9:15-10:30 a.m.	Anxiety Disorders: Diagnosis and Treatment Considerations (1.25 CME) Jaesu Han, MD
10:30-10:45 a.m.	Break Mentorship Corner
10:45-11:45 a.m.	Mood Disorders: Diagnosis and Treatment Considerations (1.0 CME) Jeremy DeMartini, MD
11:45-12:45 p.m.	Lunch Break
12:45-2:00 p.m.	Suicide Risk Assessment (1.25 CME) Lorin Scher, MD
2:00-3:00 p.m.	Stump the Experts Panel Day 1 (1.0 CME) Drs. DeMartini, Han, & Scher Moderator: Dr. McCarron
3:00-3:15 p.m.	Break Mentorship Corner
3:15-4:15 p.m.	Breakout Case Discussions (1.0 CME) Facilitators
4:15-5:15 p.m.	Breakout Case Discussions (1.0 CME) Facilitators
5:15-7:00 p.m.	Meet and Greet Dinner

CONFERENCE SCHEDULE

SATURDAY, JANUARY 17, 2026

6:00-6:45 a.m.	Rise, Shine, & MOVE Jane P. Gagliardi, MD, MHS, John Onate, MD, & Glen Xiong, MD
7:00-8:00 a.m.	Sign-in Breakfast Mentorship Corner
8:00-9:00 a.m.	Boundaries & Personality Disorder in Primary Care (1.0 CME) Jane P. Gagliardi, MD, MHS
9:00-10:00 a.m.	Health Equity 102: Big Brother is Watching (1.0 CME) Alyson Myers, MD
10:00-10:15 a.m.	Break Mentorship Corner
10:15-11:15 a.m.	Psychotic Disorders: Diagnosis & Treatment Considerations (1.0 CME) Lorin Scher, MD
11:15-12:15 p.m.	Psychiatry & Chronic Pain Management (1.0 CME) Robert McCarron, DO, FAIHM
12:15-1:15 p.m.	Lunch
1:15-2:15 p.m.	Substance Use Disorder: Update on Assessment & Treatment (1.0 CME) Steve Delisi, MD
2:15-3:15 p.m.	Breakout Case Discussions (1.0 CME) ■ Management of Chronic Pain/Somatic Symptom Disorder
3:15-3:30 p.m.	Break Mentorship Corner
3:30-4:30 p.m.	Breakout Case Discussions (1.0 CME) ■ Management of Substance Use Disorder
4:30-5:15 p.m.	Stump the Experts Panel Day 2 (0.75 CME) Drs. Delisi, Gagliardi, McCarron, Myers, & Scher Moderator: Dr. DeMartini

► **Total: (15.5 CME)**

Acknowledgement of Commercial Support

We wish to thank Johnson & Johnson for their financial grant in support of this activity.