

## University of California, Riverside Psychiatry Journal Club

### Mental health difficulties among trans and gender diverse young people with autism spectrum disorder (ASD): Findings from Trans Pathways

August 7, 2024 – 12:00 PM

Teleconference

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#### **Target Audience**

Specialties – Psychiatry & Human Behavior  
Professions – Physician, Resident Physician

#### **Objectives**

**At the conclusion of this activity, the participant should be able to:**

- 1 identify mental health difficulties of trans young
- 1 attendees, particularly those who work with transgender individuals and/or individuals on the spectrum, should be aware of the co-occurrence of gender diversity and autism and be able to synthesize a care plan for trans young adults that incorporates their ASD
- 2 recognize the differences in mental health and access to gender affirming care between trans young adults with ASD and trans young adults without ASD

#### **Faculty & Planner Disclosures**

University of California, Irvine School of Medicine Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Carrie Pyle, Other	Activity Coordinator	Nothing to disclose - 10/11/2023
Dennis Alters, MD	Course Director	Nothing to disclose - 08/30/2023
Catherine Banh, MD	Faculty	Nothing to disclose - 07/21/2024
Jami Woods, MD	Faculty	Speakers Bureau-AbbVie (Any division) Speakers Bureau-Vanda - 07/25/2024

# UCI School of Medicine

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and University California, Riverside Psychiatry. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## **Designation Statement**

The University of California, Irvine School of Medicine designates this Journal-based CME activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **ADA Statement**

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact the department administrator before the meeting dates.

## **California Assembly Bill 1195 and 241**

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://medschool.uci.edu/cme>, for AB 1195 and AB 241 resources.