

## UCI Department of Medicine Grand Rounds De-Escalation Strategies for Patients on Long Term Opioid Therapy

August 19, 2025 – 12:00 PM

Teleconference

### **Target Audience**

Specialties – Medicine

Professions – Physician, Nurse, Nurse Practitioner, Physician Assistant, Resident Physician

### **Objectives**

**At the conclusion of this activity, the participant should be able to:**

1 Analyze recent advances in research in the field of internal medicine including the speaker's research in terms of clinical relevance.

2 Inspect basic science or clinically relevant research findings and developments through a representative case presentation.

### **Faculty & Planner Disclosures**

University of California, Irvine School of Medicine Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Anca Gociu, Other	Activity Coordinator	Nothing to disclose - 04/09/2025
Marylin Rios, BA	Activity Coordinator	Nothing to disclose - 04/23/2025
Donald Forthal, MD	Co-Director	Nothing to disclose - 04/09/2025
Pranav Patel, MD	Co-Director	Consulting Fee-Shockwave Medical (Relationship has ended) - 03/26/2025
Andrew Reikes, MD, FACE	Co-Director	Nothing to disclose - 04/09/2025
Adithya Cattamanchi, MD	Co-Director	Stocks or stock options, excluding diversified mutual funds-Medaica - 04/24/2025
Wei Ling Lau, MD	Co-Director	Nothing to disclose - 06/16/2025
Sonia Sehgal, MD	Co-Director	Nothing to disclose - 03/11/2025
Sudhir Gupta, MD, PhD	Co-Director	Nothing to disclose - 02/12/2025

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Mehboob Hussain, MD	Co-Director	Nothing to disclose - 02/19/2025
Jason B Samarasena, MD, MBA, FACG, AGAF	Co-Director	Advisor-Olympus Corporation   Consulting Fee-Cook Medical, Inc.   Consulting Fee-Boston Scientific Corporation - 04/09/2025
Shaista Malik, MD, PhD, MPH, FACC	Co-Director	Ownership-FluxWear - 04/29/2025
Ulrike Luderer, MD, PhD	Co-Director	Nothing to disclose - 05/05/2025
Sheetal Desai, MD	Course Director	Speakers Bureau-AstraZeneca (Any division)   Speakers Bureau-Aurinia   Speakers Bureau-GSK   Speakers Bureau-Janssen (Any division)   Speakers Bureau-Alexion Pharmaceuticals (Relationship has ended) - 04/29/2025
Priyanka Iyer, MBBS, MPH	Co-Director	
Miguel Villalona, MD	Co-Director	Advisor-Lilly (Any division) (Relationship has ended)   Grant or research support-Amgen, Inc. - 04/09/2025
Ariana Nelson, MD	Faculty	Nothing to disclose - 08/06/2025

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## **Designation Statement**

The University of California, Irvine School of Medicine designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **ADA Statement**

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact the department administrator before the meeting dates.

## **California Assembly Bill 1195 and 241**

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://medschool.uci.edu/cme>, for AB 1195 and AB 241 resources.

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## MOC Statement(s)



Successful completion of this CME activity ,enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery’s Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.00 MOC point(s) in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.ABMS