

## UCI Department of Neurological Surgery Grand Rounds

### Opioids & Chronic Pain Management

August 29, 2025 – 9:00 AM

Orange, CA, Teleconference

#### **Target Audience**

Specialties – Neurological Surgery

Professions – Physician, Nurse, Nurse Practitioner, Physician Assistant, Resident Physician

#### **Objectives**

**At the conclusion of this activity, the participant should be able to:**

- 1 Identify how to categorize and assess pain, including in pediatric, geriatric and research populations.
- 2 Recall commonly used short-acting and long-acting opioid analgesics; identify their use and side effect profiles.
- 3 Explain the long-term consequences of opioid use, including sleep, cognitive, cardiac, immune effects, and others.
- 4 Review paradigm and policy shifts in opioid prescribing over time.
- 5 Perform patient care according to CDC guidelines for opioid-prescribing.

#### **Faculty & Planner Disclosures**

University of California, Irvine School of Medicine Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Leslie Weterrings, Other	Activity Coordinator	Nothing to disclose - 02/24/2025
Michelle Paff, MD	Planning Committee Member	Nothing to disclose - 04/29/2025
Kiarash Golshani, MD	Course Director	Nothing to disclose - 07/18/2025
Michael Oh, MD	Course Director	Membership on Advisory Committees or Review Panels, Board Membership, etc.- 2nd Skull  Consulting Fee-GS Medical  Membership on Advisory Committees or Review Panels, Board

		Membership, etc.-Intravent Medical - 07/16/2025
Bianca M Gutierrez, BS	Activity Coordinator	Nothing to disclose - 04/23/2025
Jefferson W Chen, MD, PhD	Planning Committee Member	Nothing to disclose - 07/09/2025
Sumeet Vadera, MD	Planning Committee Member	Nothing to disclose - 04/23/2025
Danielle Perret, MD	Faculty	Nothing to disclose - 03/14/2025

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## **Designation Statement**

The University of California, Irvine School of Medicine designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **ADA Statement**

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact the department administrator before the meeting dates.

## **California Assembly Bill 1195 and 241**

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://medschool.uci.edu/cme>, for AB 1195 and AB 241 resources.