

Supplementary information:

Manson JE, Crandall CJ, Rossouw JE, et al. The Women's Health Initiative Randomized Trials and Clinical Practice: A Review. *JAMA*. Published online May 1, 2024. doi:10.1001/jama.2024.6542

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El Khoudary SR, Aggarwal B, Beckie TM, et al. Menopause Transition and Cardiovascular Disease Risk: Implications for Timing of Early Prevention: A Scientific Statement From the American Heart Association. *Circulation*. 2020;142(25):e506-e532. doi:10.1161/CIR.0000000000000912