



Latha Palaniappan, MD, MS

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Dr. Palaniappan is an internist, and clinical and population researcher. Her research has focused on the study of diverse populations, chronic disease and prevention. Dr. Palaniappan specifically seeks to address the gap in knowledge of health in Asian subgroups and other understudied racial/ethnic minorities. Her current work examines the clinical effectiveness of structured physical activity programs for diabetes management (Initiate and Maintain Physical Activity in Clinics - IMPACT), as well as best exercise regimens for normal-weight diabetics (Strength Training Regimen for Normal Weight Diabetics - STRONG-D). She was recently awarded a Midcareer Investigator Award by the National Institutes of Health to provide mentoring to junior clinical investigators in the conduct of patient-oriented research. She is currently working on implementation of evidence based genetic and pharmacogenetic testing in clinical settings. She is the Faculty Co-Director of the Stanford Biobank (with Drs. Brooke Howitt and Joachim Hallmayer) designed to accelerate translatable scientific discoveries. She co-founded (with Dr. Bryant Lin) the Center for Asian American, Native Hawaiian and Pacific Islander Health Research and Education (CARE) at Stanford in 2018. She recently received a Fulbright Future Scholar Award and will work with the Commonwealth Scientific and Industrial Research Organization on implementation of Precision Health in Australia.