



Angela Fong, RD, CNSC

Clinical Dietitian, Cardiology, UCSF Health, Cardiovascular Care & Prevention Center

Angela Fong, RD, is a UCSF preventive cardiology dietitian dedicated to helping individuals optimize cardiovascular health and reduce chronic disease risk through personalized nutrition counseling. She works closely with patients and their families to provide evidence-based guidance and develop tailored nutrition plans that fit their unique needs and goals. With a focus on sustainable lifestyle changes, Angela is committed to making complex health information accessible and actionable—empowering patients to take control of their heart health and feel their best from the inside out.