

TRAIN NEW TRAINERS (TNT)

Essentials of Primary Care Child and Adolescent Psychiatry

IN-PERSON CONFERENCE

Pediatric Psychiatric Clinical Skills for Primary Care Providers

JANUARY 15-16, 2027

UC Irvine School of Medicine
TNT Primary Care Fellowships

Course Description

This two-day conference for primary care-oriented providers of pediatric and adolescent patients will integrate recent scientific data with current clinical practice regarding anxiety, attention deficit disorder, autism spectrum disorder, depression, and to complete an efficient psychiatric interview in the busy primary care setting.

Target Audience

Primary care providers (PCPs) and allied health professionals interested in pediatric mental health.

Educational Needs

Many families turn to their primary care providers for behavioral health concerns, yet providers often lack the specialized training and confidence needed to address these needs effectively. Although evidence-based guidelines exist for diagnosing and treating common psychiatric disorders in primary care settings, many clinicians remain unfamiliar with or hesitant to implement them due to perceived risks, stigma, and limited training.

Presentation Slides

The presentation slides will be available to pre-registered attendees via PDF (WHOVA App) prior to the conference to download and print. Hard copies will NOT be available for purchase.

Registration Fees:

$495 Physicians
$465 Other Healthcare Professionals
$350 TNT Alumni
$350 UCI Physicians*
$325 UCI Other Healthcare Professionals*

*Use UCI.edu email when registering



Learning Objectives

At the conclusion of this activity, the participant should be able to:

- **Effectively screen for depression in a pediatric primary care setting.**
- **Implement evidence-informed treatment for pediatric depression.**
- **Identify when it is appropriate to seek mental health consultation/referral.**
- **Utilize motivational interviewing to assess readiness for change and activate motivated patients along the continuum of change behavior.**
- **Engage mental health colleagues in collaborative care within existing models of healthcare delivery.**
- **Develop/adapt new models of care to integrate mental health care into primary care settings.**
- **Review overview, ADHD diagnosis, and evidence-based approaches to treatment.**

FACULTY

COURSE CHAIRS



Melissa Wagner, MD, PhD, FAAP, PMHC

Co-Associate Director
TNT Primary Care Child and Adolescent Psychiatry Fellowship

Melissa Wagner, MD, PhD, is a clinical associate professor of psychiatry and medical director of adult inpatient psychiatric services at the University of Cincinnati. She earned her medical and doctoral degrees through the Medical Scientist Training Program at the Medical College of Wisconsin in 2012 and completed a triple board residency at Cincinnati Children's Hospital Medical Center and the University of Cincinnati, obtaining board certifications in pediatrics, general psychiatry, and child and adolescent psychiatry. Perinatal Mental Health Certified through Postpartum Support International, she specializes in treating women with mental illness during hormonal transitions and collaborates with teams at the University of Cincinnati and the University of Illinois to advance innovative care models for perinatal mental illness and underserved youth. Her research focuses on PMDD, suicide risk, and neurosteroids, and she remains active in psychiatry and pediatrics while mentoring trainees and supporting non-psychiatric colleagues.



Sarah H. Arshad, MD, DFAACAP, FAAP

Co-Associate Director
TNT Primary Care Child and Adolescent Psychiatry Fellowship

Sarah H. Arshad, MD received her BA from Harvard University and earned her medical degree from The University of Michigan Medical School before completing a 5 year Triple Board training program at UPMC, and is now triple board certified in pediatrics, adult psychiatry, and child and adolescent psychiatry. She then joined the Department of Child and Adolescent Psychiatry and Behavioral Sciences (DCAPBS) at the Children's Hospital of Philadelphia (CHOP), and is an Assistant Professor of Clinical Psychiatry at the University of Pennsylvania Perelman School of Medicine. She works clinically as an emergency room and consult liaison physician, as well as a consultant in the Pennsylvania Telephonic Psychiatric Consultation Service Program (TiPS), a telephonic access program to pediatric primary care providers in southeastern PA. She currently leads the Pediatric Education Program in Behavioral Health (PEP-BH) and is the cultural psychiatry course director for the fellowship program, previously co-led the Behavioral Health Education Committee, and was formerly an Assistant Program Director for the Post Pediatric Portal Program. In addition, she is a distinguished fellow of the American Academy of Child and Adolescent Psychiatry, where she serves on the diversity and culture and the diversity, equity, inclusion and belonging committees.

2027 ESSENTIALS OF PC-CAP SPEAKERS

Sarah H. Arshad, MD
Peter Chung, MD
Jaesu Han, MD
Bruce Leewiwatanakul, DO
Lin Lu, MD, PhD
Katharine Simon, PhD
Samuel Vaughn, MD, PhD
Melissa Wagner, MD, PhD
Elizabeth Wassenaar, MD, MS

CONFERENCE SCHEDULE

FRIDAY, JANUARY 15, 2027

7:00 – 8:00 a.m.	**Breakfast | Registration | Mentorship Corner**
8:00 – 9:15 a.m.	**Welcome & Practical Approaches to doing a Primary Care Child and Adolescent Psychiatry Assessment** (1.25 CME) Melissa Wagner, MD, PhD
9:15 – 10:15 a.m.	**Introduction to Pediatric Depression** (1.0 CME) Samuel Vaughn, MD, PhD
10:15 – 10:30 a.m.	**Break | Mentorship Corner**
10:30 – 11:30 a.m.	**Autism Spectrum Disorder** (1.0 CME) Peter Chung, MD
11:30 – 12:00 p.m.	**Listening to Connect** (0.5 CME) Lin Lu, MD, PhD
12:00 – 1:00 p.m.	**Lunch**
1:00 – 2:00 p.m.	**Promoting Healthy Behaviors in Primary Care** (1.0 CME) Katharine Simon, PhD
2:00 – 3:00 p.m.	**Introduction to Pediatric Anxiety Disorders** (1.0 CME) Elizabeth Wassenaar, MD, MS
3:00 – 3:15 p.m.	**Break | Mentorship Corner**
3:15 – 4:15 p.m.	**Pediatric Breakout Cases: Anxiety & Depression** (1.0 CME) Facilitators
4:15 – 5:15 p.m.	**Stump the Experts Panel - Day 1** (1.0 CME) Drs. Chung, Vaughn, and Wassenaar | Moderator: Dr. Leewiwatanakul
5:15 – 7:00 p.m.	**Meet & Greet Dinner**

CONFERENCE SCHEDULE

SATURDAY, JANUARY 16, 2027

6:00 – 6:45 a.m.	**Rise, Shine, & MOVE** Drs. Gagliardi, Onate, & Xiong
7:00 – 8:00 a.m.	**Registration | Breakfast | Mentorship Corner**
8:00 – 9:00 a.m.	**Recognizing Eating Disorders in Your Practice** (1.0 CME) Ellizabeth Wassenaar, MD, MS
9:00 – 10:00 a.m.	**Collaborative and Integrative Care in Pediatric Primary Care** (1.0 CME) Bruce Leewiwatanakul, DO
10:00 – 10:15 a.m.	**Break | Mentorship Corner**
10:15 – 11:30 a.m.	**Introduction to Pediatric ADHD** (1.25 CME) Lin Lu, MD, PhD
11:30 – 12:15 p.m.	**Pediatric Breakout Cases: ADHD** (0.75 CME) Facilitators
12:15 – 1:15 p.m.	**Lunch**
1:15 – 2:15 p.m.	**Pediatric Motivational Interviewing** (1.00 CME) Jaesu Han, MD
2:15 – 3:15 p.m.	**Pediatric Psychopharmacology Pearls** (1.00 CME) Melissa Wagner, MD, PhD
3:15 – 3:30 p.m.	**Break | Mentorship Corner**
3:30 – 4:30 p.m.	**Stump the Experts Panel - Day 2** (1.0 CME) Drs. Han, Leewiwatanakul, Lu, and Wassenaar | Moderator: Dr. Vaughn

Conference Total: 14.75

**All times are Pacific Time*

CME EVALUATION

Please be sure to complete the Evaluation Survey in order to receive appropriate credit. We will send you an email with the survey at the end of the conference.

ACCREDITATION

Accreditation Statement:
University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:
The University of California, Irvine School of Medicine designates the live activity for a maximum of 14.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

AMA PRA Category 1 Credits™ can be used by multidisciplinary team members:

Nurse Practioners: For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of 14.75 hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission of Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Psychologists: You may petition the California Board of Psychology for CE credit for this symposium.

Please see **http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf** for details.

MOC Approval Statement (ABFM, ABPM, ABPN)
Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the **ABMS Continuing Certification Directory**, ***Train New Trainers (TNT) Essentials of Child and Adolescent Psychiatry (ECAP) Conference 2027*** *has met the requirements as a* ***Lifelong Learning CME Activity*** *(apply toward general CME requirement) for the following ABMS Member Boards:*

- ABMS Lifelong Learning CME Activity
- Family Medicine
- Preventive Medicine
- Psychiatry and Neurology

MOC ABIM & ABP Recognition Statements
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to:

- 14.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.
- 14.75 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program.

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM or ABP MOC credit.

Disclosure
All those in control of content will provide full disclosure information to particpants prior to the activity.

California Assembly Bills 1195 and 241
This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, **medschool.uci.edu/cme**, for AB 1195 and AB 241 resources.

For more information visit medschool.uci.edu/pc-cap

For any questions, please contact us at tntfellowships@hs.uci.edu