**Psychiatry & Psychotherapy Podcast Series: Episode 34: Understanding Placebo**

June 26, 2024 – December 31, 2025

**Purpose**

This episode interviews Mark Ard, M.D who works towards developing means of access to care, in-patient psychiatric care, affordability of care, and further access to mental health.

**Target Audience**

Specialties – Family Medicine, Medicine, Psychiatry & Human Behavior

Professions – Physician, Nurse Practitioner, Physician Assistant

**Activity Objectives**

1 Identify the common misunderstandings about placebo and contrast it with the broader and deeper meaning of placebo as outlined in this episode.

2 Identify how placebos can affect research study outcomes.

3 Identify and give examples of three pathways or systems commonly observed to be associated with the placebo effect.

4 Define meaning response in the context of placebos.

5 Identify how therapeutic alliance and human connection affect how patients respond to the placebo effect.

**Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and Emotion Connection, LLC. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Designation Statement**

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This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://www.meded.uci.edu/CME/> for AB 1195 and AB 241 resources.



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**Faculty & Planner Disclosures**

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| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Mark Ard, MD | Faculty | Nothing to disclose - 06/17/2024 |
| David Puder, MD | Course Director, Faculty | Nothing to disclose - 05/27/2024 |

**Agenda**

**[INSERT AGENDA HERE MANUALLY]**

**Acknowledgement of Commercial Support**

No commercial support has been received for this activity.