**Psychiatry & Psychotherapy Podcast Series: Episode 147: PANS & PANDAS**

June 26, 2024

**Purpose**

This episode will discuss PANS/PANDS, which is the hypothesis that there are certain types of obsessive compulsive symptoms, tic symptoms or restrictive eating symptoms that are caused by an infection and the immune response to an infection.

**Target Audience**

Specialties – Family Medicine, Medicine, Psychiatry & Human Behavior

Professions – Physician, Nurse Practitioner, Physician Assistant

**Activity Objectives**

1 Define what PANS and PANDAS mean

2 Describe the mix of positive and negative studies and what it means for PANDAS

3 Describe how you might diagnose and treat PANDAS

**Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and Emotion Connection, LLC. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Designation Statement**

The University of California, Irvine School of Medicine designates this Enduring Material for a maximum of 1.50 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**California Assembly Bill 1195 and 241**

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://www.meded.uci.edu/CME/> for AB 1195 and AB 241 resources.



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**Faculty & Planner Disclosures**

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| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Sarah O'Dor, PhD | Faculty | Grant or research support-Octapharma Pharmazeutika Produktionsges.m.b.H.|Grant or research support-International Obsessive Compulsive Disorder Foundation - 06/21/2024 |
| Kyle Williams, PhD | Faculty | Grant or research support-Octapharma Pharmazeutika Produktionsges.m.b.H.|Grant or research support-PANDAS Network|Grant or research support-PANDAS Physicians Network|Grant or research support-International Obsessive Compulsive Disorder Foundation|Grant or research support-F-Prime Bioscience Research Initiative - 06/21/2024 |
| David Puder, MD | Course Director, Faculty | Nothing to disclose - 05/27/2024 |

**Agenda**

**[INSERT AGENDA HERE MANUALLY]**

**Acknowledgement of Commercial Support**

No commercial support has been received for this activity.